



Self-Invalidation



You should be the most confident people on the face of the earth, and you should never be guilty of removing that confidence from another.

We have been talking about negative invalidation for many months now.

Negative Invalidation defined:

Invalidation can be defined as “not valid.” In action, an invalidator somehow makes you think that your thoughts, words and/or actions are invalid and unacceptable. He does this by criticism, condemnation, and complaining. His own fears drive him to do this because his lack of confidence



forces him to seek confidence in a less-than appropriate way.

The Negative Invalidation arena is far reaching. It can happen anywhere, at anytime, and with any person. I’ve taught you about invalidation and the invalidator. By now, I hope you are cognizant of them and avoid invalidation. It is a tremendous need in the body of believers to continue exposing this folly, which leads me to the next phase of teachings, that of self-invalidation.

If you can understand what invalidation really is, you can stop, not only invalidation attacks when they start, but also you can lay claim to a confidence greater than most people ever experience. Through Christ in you, God wants you to become the most confident people on earth. Therefore, these lessons are absolutely vital to your spiritual success, especially laying claim to the inherited benefits of Christ’s comfort and Christ’s superiority. Let’s take this invalidation discussion one step further.

· I know of no greater form of invalidation

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than self-invalidation.

I know of no self-invalidator more wicked than an invalidator who afflicts another into self-invalidation.

Self-invalidation defined:

Self-invalidation is when you are talking yourself out of confidence in Christ's accomplishments and love for you. It forces you to stop actively trusting in something stronger and better than you – God. Self-invalidation imprisons you.

The Self-invalidator:

Self-invalidation completely minimizes your Christian position.

You end up not believing in yourself. You end up feeling so terrible that you don't trust in God. It takes place when you criticize, condemn or complain yourself away from any given

situation, for instance, prayer, trusting in God, fellowshipping with other Christians, abundant sharing, etc... It manifests itself as "running away from something, hiding from something, refusing to deal with something, and otherwise being unable to cope with good and normal things."

Self-invalidation is an affliction of the worst sort because it is affliction/invalidation internalized, and finally personified.

It yields misery, defeat, and despair. No good thing comes out of self-invalidation. If it is allowed to rage out of control, it can lead to suicide.

The wicked invalidator:

The invalidator who causes self-invalidation feeds off the lowest rungs of human hopelessness. He personifies misery, defeat and despair. His greatest assets

are criticizing, condemning, and complaining. He is weak, drawing his only support from those he has or is invalidating. His greatest strength comes from one he has formed into a self-invalidator. He both hates and loves what he has created, often finding him unable to draw away from that other person or those other people. Misery loves company. This type of affliction is far-reaching, dipping into all pockets of life including marriages, ministries, corporate departments, small businesses, and friendships to name a few. Consequently, the smallest units affected are families and the largest are the religions of the world.

Freedom from Self-invalidation:

God wants His people to be completely free from all forms of invalidation, but especially self-invalidation.

In the

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previous text, you have read about both the invalidator and the self-invalidator. Both operate according to the same rules and both exhibit destructive behaviors. I mentioned both in order to provide you with something to relate to, thereby helping you recognize these behaviors in your own life. Let's focus our discussion on the self-invalidator. What you are about to read will help you if you are afflicted with self-invalidation. It can help you if you are an invalidator and want to put an end to it. It can help you recognize an invalidator in your own life. Above all, it can help you reject all forms of invalidation and lay hold onto the love of Christ!

Steps to prevent self-invalidation:

1. Recognize if you self-invalidate.
2. Realize that self-invalidation is wrong.

3. Realize that no one has the right to invalidate you.
4. Stop all forms of fighting.
5. Seek the comforts and superiority of Christ.
6. Stand up to invalidation when it happens by confrontation, leaving or some other effective means of protection. Do not promote fighting in your chosen action.
7. Learn to conqueror the internal afflicter by putting it in the grave.
8. Be prepared to deal with invalidation at any time, in any place, no matter how unusual or awkward.

The following section will focus specifically on each of the above items, providing more detail with which to help you use them.

1. Recognize the need for help:

For deliverance to come, the person needing the help must realize that

he must seek help. Without this, no amount of good counsel will help. It will only be rejected. ***Recognize that there is a problem and that you and possibly the other are promoting harm.*** Stop all forms of self-invalidations. Seek help with the view to change as quickly as possible.

Recognize if you self-invalidate. Realize that you must act to receive and maintain deliverance. If you don't act, you won't receive deliverance. **RECOGNIZE, REALIZE, ACT!**

2. Realize that negative invalidation is wrong:

There is no right negative invalidation. It is wrong because it is spurred on by earthly goals of dominance. The human being was never made to serve in this

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capacity. Realize that all forms of negative self-invalidation are wrong! REALIZE THE WRONG!

3. Realize that no one has the right to invalidate you:

Operating on the premise that any form of negative invalidation is inherently wrong, deliverance from this affliction starts by recognizing that your self-invalidated state is abnormal and completely unacceptable. It is wrong.

Neither you, another person or spirit has the right to invalidate you – ever!

What shall we then say to these things? If God be for us, who can be against us? (Romans 8:31)
He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things? (Romans 8:32)
Who shall lay any thing to

the charge of God's elect [who shall invalidate any Christian]? It is God that justifieth. (Romans 8:33)

God has justified you. He will never negatively invalidate you. Therefore, any form of negative invalidation is ungodly! It must never be accepted. Its very basis is worldly, and its greatest strength is weakness. It crumbles in the presence of God and His Light.

The ultimate goal of an invalidator is to separate you from the love of Christ and to convince you that you must depend on his love/attention.

Invalidations are like the pulses of an electro-magnet, first drawing you in and then thrusting you away.

Who shall separate us from the love of Christ? shall tribulation,

or distress, or persecution, or famine, or nakedness, or peril, or sword? (Romans 8:35)

The love of Christ only draws us in, never thrusting us away. It never makes us feel as if we must run in the opposite direction with all our might. *All forms of invalidation, including tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword, must be rejected at all costs.*

No Christian should ever allow him or her to receive affliction. Your greatest comforts in life come from the love of Christ, which includes all of his accomplishments for you! Learn to rest in this love.

Nay, in all these things we are more than conquerors through him that loved us. (Romans 8:37)

4. Stop all forms of fighting:

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Fighting is fertile ground for the development of self-invalidation:

In any relationship, there should be no fighting.

Jesus himself said:

Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence. (John 18:36)

Fighting, no matter at what level, is beneath the Christian when it is waged against another Christian.

The Super Christian Conqueror must always be prepared to wage war against the devil, but never against fellow believers.

In any relationship, there should ALWAYS be open and honest communication without the need to reject and shut down. In any relationship where there is rejection and where people are shut down, there is fighting. Where there is fighting, the potential for self-invalidation exists. Fighting is an act that brings harm, and its intent is to render another useless against any given cause. If you have fighting in your relationship, you or the other involved is actively invalidating. ***Fighting happens when open and honest communications do not exist.***

5. Seek the comforts and superiority of Christ:

It becomes the Christian's primary goal to seek the comforts and superiority of Christ in that he manifests Christ's

accomplishments in all – in thoughts, actions and matters of the heart. This is a most arduous task in the midst of a self-invalidation sickness. Start by believing what you have read in Romans 8:33:

WHO shall lay any thing to the charge of God's elect? It is God that justifieth. (Romans 8:33) The obvious answer is “NO ONE!”

The invalidator enjoys sensual delight, an emotional feeding frenzy, when invalidating others.

Equally, a self-invalidator derives enjoyment from this type of mental state.

From whence come wars and fightings among you? come they not hence, even of your lusts [sensual delight] that war in your members? (James 4:1) **Ye lust, and have not: ye kill, and desire to have, and cannot obtain:**

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ye fight and war, yet ye have not,
because ye ask not. (James 4:2)

Continue by recognizing the lust associated with self-invalidation. If you are an invalidator (a self-invalidator included), you must force yourself to recognize the lust that drives you to invalidate. Further, *you must force yourself to isolate and destroy this sensual delight, realizing that it is abnormal, inappropriate and harmful.*

6. Stand up to invalidation when it happens by confrontation, leaving or some other effective means of protection. Do not promote fighting in your chosen action (confrontation is not fighting):

When dealing with an invalidator, you must realize that the problem is deeply rooted, not something on

the surface. It cannot be dealt with by using simple and customary quips and innuendos. It is actually a matter of the heart. If you cannot work to help an invalidator effectively, it is better to leave that to someone else. In any case, it is never acceptable to accept his or her invalidation, an act that eventually forces you into self-invalidation.

7. Learn to conqueror the internal afflicter by putting it in the grave:

Refer to my teaching CD from the June 2005 Day in the Word regarding putting your internal afflicter in the grave. Learn to recognize the trigger points, learning to stop it before it progresses into an uncontrollable stage. Command it to stop afflicting you every time it shows up. *Recognize that your internal afflicter is actually an enemy entity that must be*

destroyed. You may never completely remove it, but you can put it and keep it six feet under by recognizing when it shows up to torment you and by commanding it to die.

8. Be prepared to deal with invalidation at any time, in any place, no matter how unusual or awkward:

Don't bow your head in shame the next time someone invalidates you. Instead, look him or her directly in the eyes. That may be the right time to say something, and it may not. No matter the case, don't invalidate your self.

An invalidator is a very weak person, even if he is in a very high position. He may want to destroy you or your position if you confront him. Therefore the best medicine is to invalidate him at the

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same level he invalidated you. In other words, if he did it publicly, you do it publicly; at the same time he did it to you. If he did it privately, you do it privately; at the same time he did it to you. If you can't stand up to him due to your own inabilities, you must remove yourself from the situation, perhaps completely. If you invalidate an invalidator, he will show his weaknesses at that time, often by running away in some manner.

If it is not appropriate to confront a person in a higher position than you, and if it is necessary to remain in that situation, you can use other tools to gain his validations instead of invalidations.

For instance, you can find out something he likes and befriend him. This often helps start an otherwise impossible relationship. If the situation is unworkable, meaning you can do nothing to

effect change, it may be best to remove yourself from it entirely. There is little to no profit in staying to duke it out. Invalidators love fighting.

There should be no fighting in any relationship.

Yield Your Members to Righteousness!

Spiritually speaking, you must make one more decision. If you are a self-invalidator, you are an invalidator all the same, even if you don't realize it. If you want a biblical onus for deliverance, here it is. Accepting this reason for change will allow your cycle of deliverance to begin.

But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. (Romans 6:17)

Being then made free from sin [all slavery contradicts this freedom in Christ], ye became the servants of righteousness. (Romans 6:18)

I speak after the manner of men because of the infirmity of your flesh: for as ye have yielded your members servants to uncleanness and to iniquity unto iniquity; even so now yield your members servants to righteousness unto holiness [and regain your freedom]. (Romans 6:19)

For when ye were the servants of sin, ye were free from righteousness [but you were enslaved in sin]. (Romans 6:20)

True deliverance from self-invalidation takes place beginning with your heart.

You have to obey God's Word from the heart. If you obey the doctrine of Christ, you will not stand for invalidation. You will reject it at all costs. If you

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reject the doctrine of Christ, you will embrace invalidation. You will not stand for other's freedom, or even your own.

Servants of sin will invalidate. Servants of Righteousness will not. These are two laws that will not change. It's all about what you serve. If you serve sin, in other words, are a slave to it, you will be prone to invalidate others in order to justify your precarious position in this world. ***If you serve righteousness, you will not allow yourself to invalidate others, or yourself, because you are free and you want others to be free.***

Sin brings slavery. Righteousness brings freedom. Invalidation promotes slavery. Open and honest communication promotes freedom. You are free spiritually when you are born again. You are

not free in service until you choose what you will serve. ***There are only two choices for a Christian: sin or righteousness.*** Every Christian must make this choice in the move to annihilate self-invalidation forever!

God Bless You,

Jerry D. Brown